

Body Massage

Swedish massage	Full body	1hr£32
	Back, neck & shoulder	30 mins£25
	Customised focused stress buster	20 mins£14

Warm oil back massage	exotic oils and warm ceramic stones	30 mins£27
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Lymphatic drainage massage	For fluid retention & swelling	1hr£33
		30 mins£26

Aromatherapy massage	with aromatic customised essential oils	1hr£38
		30 mins£28

Thai herbal compress	warm, gentle pressure, fragrant & soothing	1hr£39
		30 mins£30

Hot stone massage	Travelling heat soothes aches and pains	1hr£42
		30 mins£33

Body treatments

Moisturising body mask & Sauna		40 mins£26
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Body scrub & back massage		1hr£33
		30 mins£26

Oriental body wrap, body scrub & wrap finished with relaxing back msg		1hr£42
		30 mins£33

Reflexology & foot massage	Gentle and soothing	1hr£32
		30 mins£26

Combination Treatments

Facial & Back msg		1hr£36
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Facial, Indian head & back msg		1hr 10£46
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Facial, ½ body wrap & back msg		1hr 15£50
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Facial, full body wrap, head & back msg		1hr 20£68
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Spray tan (tantrick)

Face, chest, back and arms		1hr£13
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Full body		1hr 10£20
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Special offer - 2 Tans (1 or 2 people)		1hr 15£30
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Facials & head massage

Facials	Ultimate Warm Glow facial	1hr 10£35
	Reviving luxury facial	1hr£29
	Relaxing mini facial	30 mins£22

Japanese face massage		30 mins£26
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Indian head massage		25 mins£22
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Hand and foot Care

Mini manicure	(30 mins)		
	Shape, cuticle tidy, massage and polish		£18

Luxury nailtiques manicure	Nail and hand treatment to help you to achieve beautiful natural nails, includes soak, mask and heated mitts		£25
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Mini pedicure	(30 mins)		
	Foot soak, shape, cuticle tidy, and polish		£20

Luxury pedicure	As above plus foot spa, buffing, exfoliation, deep moisturising foot mask and heated boots		£27
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Mother to be

Soothing leg and foot treatment			£26
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Seated back massage			£23
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Mum to be top to toe	(includes above treatments and face and head massage)		£70
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Baby Shower Party	(minimum 3 people)		from £5
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Treatments for him & Couples

Manicure	(Shape, cuticles, and massage to hands)		£16.00
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Deep cleansing facial	(includes, cleanse, tone, massage, exfoliation, face mask and face massage)		£28.00
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All of our massage, body, combination and facial treatments are also available and can all be performed as side by side couples treatments by prior arrangement.

Make up (Airbrush)

Special occasion make up		from £25
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Make up lesson	(1½ hours)	£30
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Prom make up	(including trial)	£30
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Bridal Packages

Please ask for a bridal brochure

Mobile Make up & airbrush make up

Bridal party make up

Bride & Groom pre wedding pampering

Hen party make up & pamper Parties

Bridal party 'Thank you' gift vouchers from £15

Eye treatments / Waxing *patch test required

Eyebrow wax / tweezers		£8.00 / £5.00
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Eyelash tint / brow tint *		£8.00 / £6.50
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Eyebrow tint & shape *		£11.00
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Lash & Brow Tint and shape *		£16.00
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Other Waxing available

Miss pamper parties (age approx 5 -12)

Great birthday treat each guest has fingernails painted, glittery make up, foot spa & heated mitts. minimum 4 Children **£10 pp**

Add 40 mins in spa pool £5pp / Party bags - £1.50

Buffet - £5 pp / Custom made cake from £35

Teenagers taster parties (age approx 13 -18)

15 minute taster facial & 15 minute massage **£15 pp**

As above plus 40 minutes in Spa room **£20 pp**

Buffet £5 pp, custom made cake from £35

Extra options

Private use of spa room (Spa pool & Sauna) **£7.50 pp**

Lunch **£7.50 pp**

Family Spa package (2adults/ 2 Children) **£25**



Spa room & packages

Mini Pampering package

Your choice of 30 minute treatment from (either mini facial, manicure, pedicure or one of our massages) plus heated mitts and hand mask ... £27 per person

Mini Spa package

As above with 1 hour exclusive use of spa room (spa pool & infrared sauna) use of robe & slippers and lunch £43 per person

Luxury Pampering package

Choice of 1 hour treatment (luxury facial, manicure, pedicure, any of the massages, reflexology, body scrub, body wrap, hot stone or Thai herbal compress back massage) plus lunch £55 per person

Luxury Spa package

Choice of 1hour treatments or one of combination treatments plus exclusive use of spa room for duration of visit (spa pool & infrared sauna) heated mitts & boots and use of robe & slippers plus lunch £70 per person

Ultimate Spa package

As above with your choice of 2 treatments (one mini and one luxury) £90 per person

Gift vouchers, Products & Hampers

- ☒ Give someone special a treat they won't forget with a pampering package or gift voucher.
- ☒ A perfect gift for, anniversaries, birthdays, mother's day, Christmas or just as a special treat.



EXPERIENCE

RELAX
UNWIND

SUMMER OFFER

1 hours private use of the spa room (spa pool & sauna) plus your choice of back massage, face massage or Indian head massage and a refreshing foot mask £29

for treatment information or
advice please call Clair on
07890 140335 • 01443 815154



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sauna and spa pool
beauty and massage treatments
pamper parties and pre-wedding packages